



DIRECTORY

Community Micro-Enterprises offering local care and support in your area

Are you looking for care and support?

This could be:

- Companionship
- Personal care
- Household tasks and cleaning / general upkeep and gardening
- Admin and paperwork
- Getting out and about
- Shopping and meal preparation
- Community activities (eg: accessible exercise, peer support arts and crafts, singing, gardening)
- Holistic therapies
- Mental health and wellbeing support





Our enterprises offer local, flexible and person-centred services to older people, people with physical disabilities, people with autism, people with learning disabilities and those facing challenges with their mental health and wellbeing.

This directory offers a range of free and paid services provided by local enterprises. Where there are charges, customers can pay through self-funding or with a Direct Payment.

Potential customers should carry out their own checks – please see our guidance by scanning the QR.

KCC does not endorse or recommend the enterprises on this directory.



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<https://kent.connecttosupport.org/cme-directory>

