



The Relationship in Positive Behaviour Support

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Clinical Lead



Introduction

Dr Ben Renton

- Working in LD services since 1997
- Training in Positive Behaviour Support and Counselling Psychology
- Experience as support worker and clinician
- Interests in the working relationship developed during writing of research thesis, **The multi-faceted experience of empathy in intellectual disability settings**
- Rapport in PBS, The Star Model (Renton, 2023) developed to encapsulate key areas for staff training, supervision and service development

Aims

01

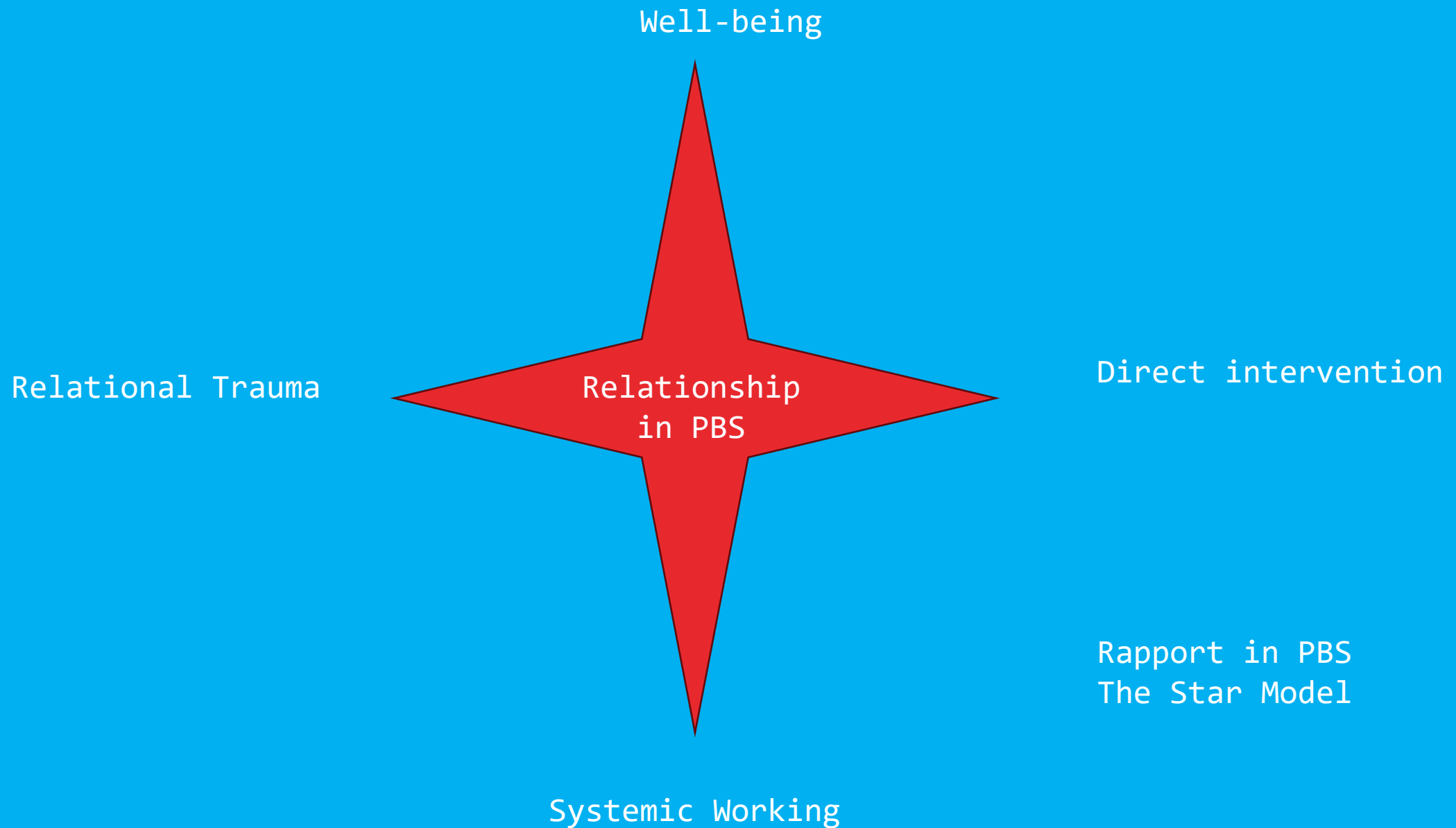
Examine the working relationship in learning disability settings

02

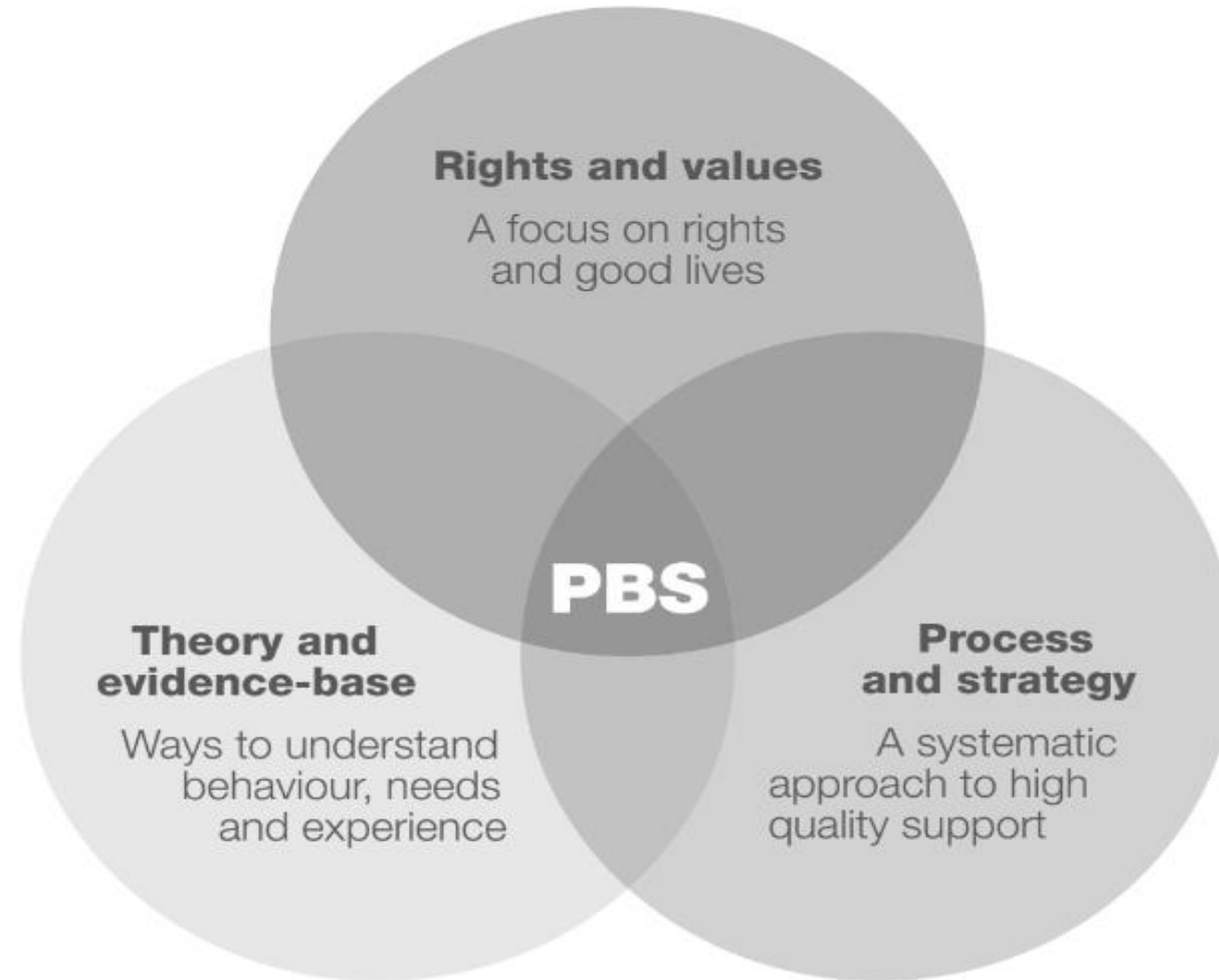
Consider the relationship in PBS

03

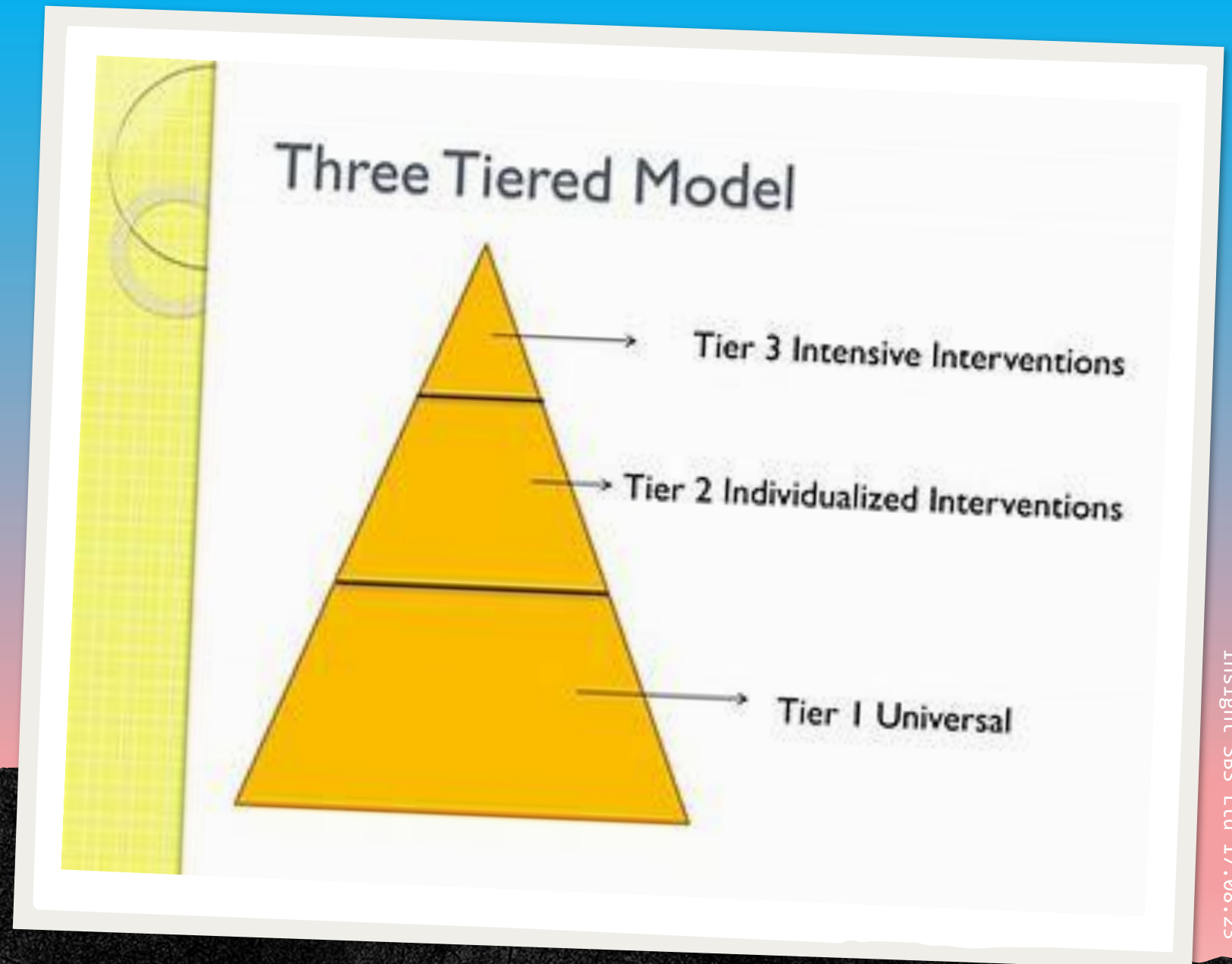
Illustrate domains using the proposed Rapport in PBS Star Model



Positive Behavioural Support



Positive Behaviour Support



The working relationship



Collaboration



Professional



Support &
Safety



Authentic



Facilitative

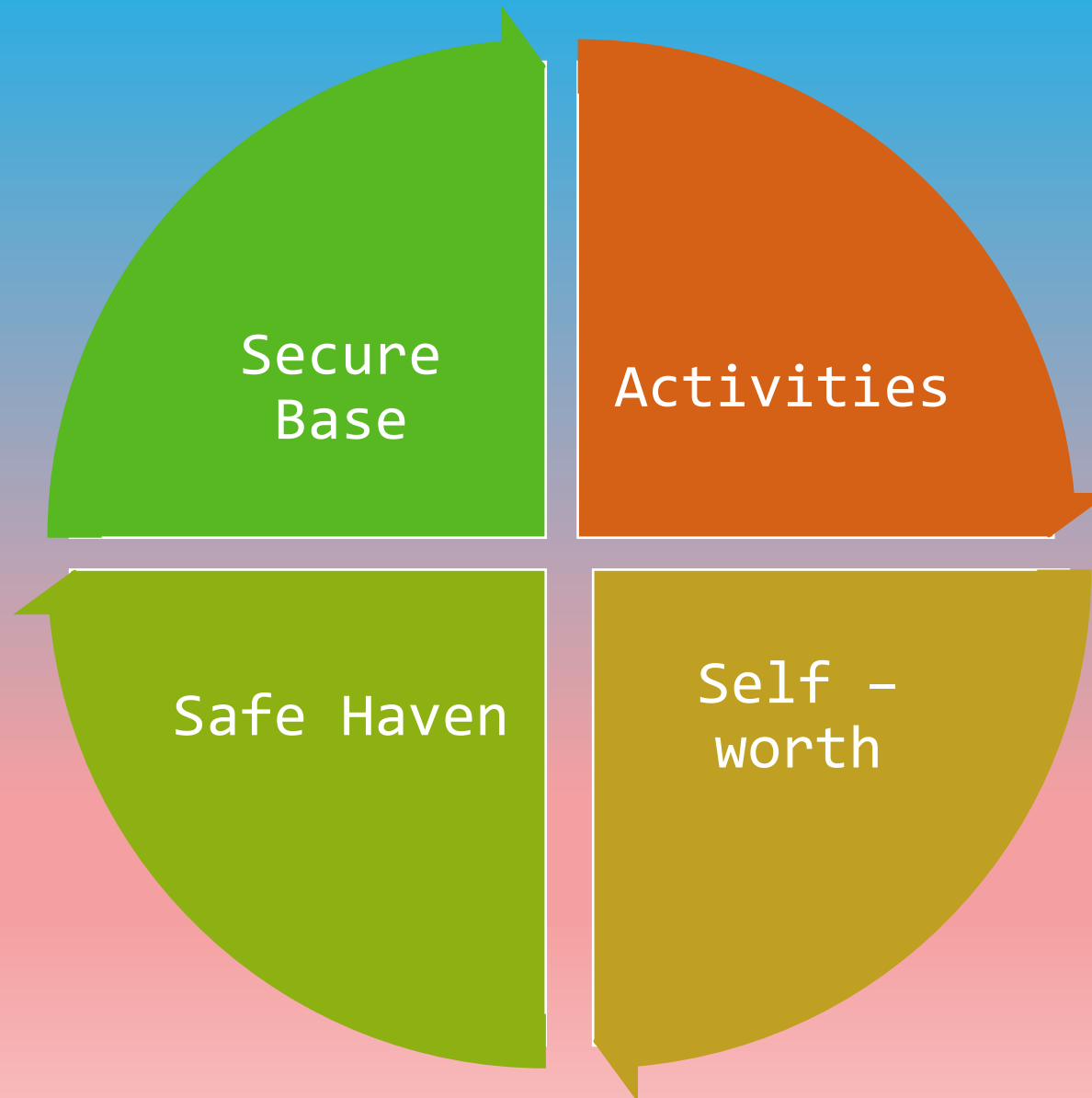


Empathy

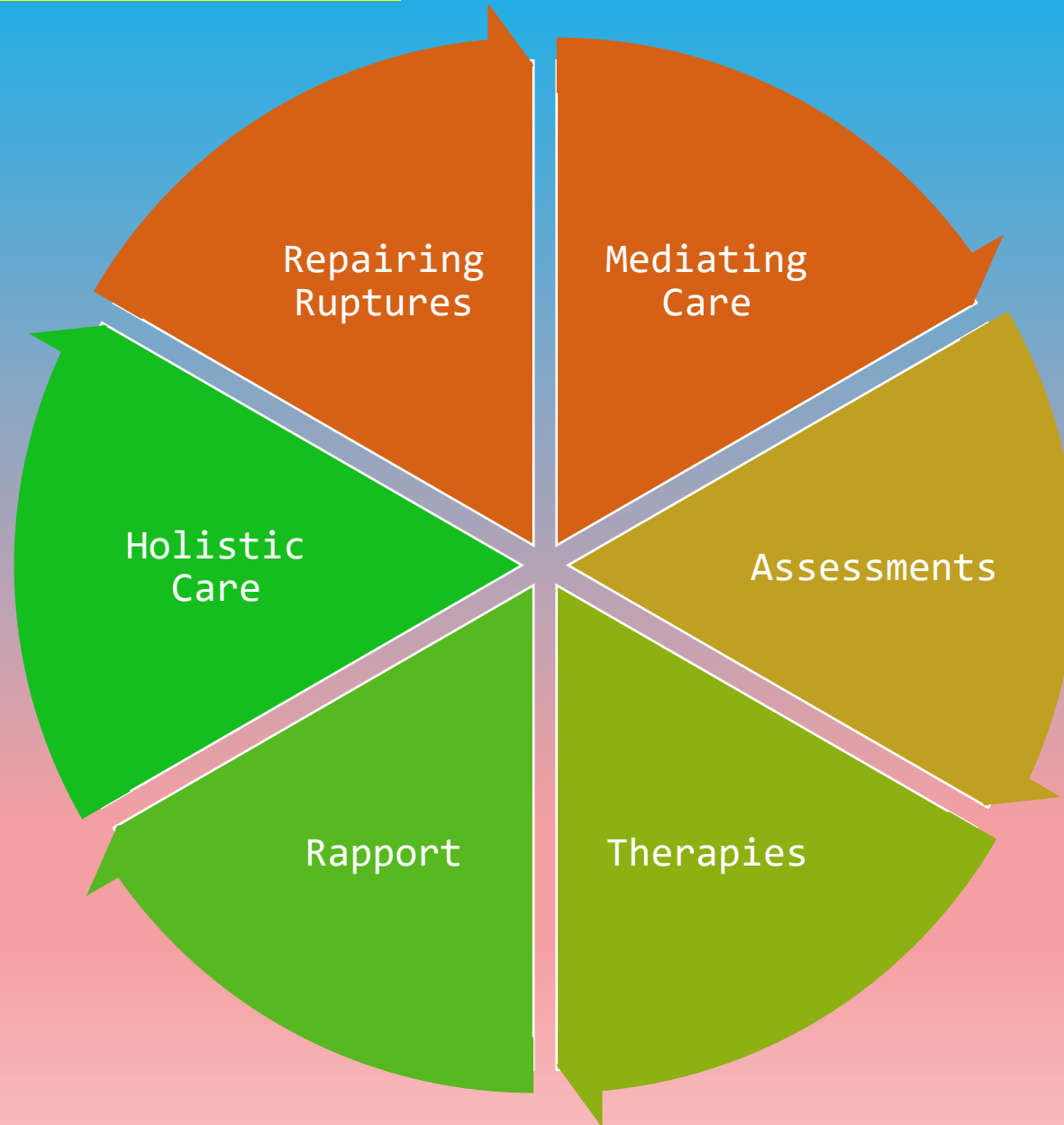
Group Work

- What role/function do you think the client-staff relationship has in providing good quality care?
- What considerations might there be in commissioning or working with PBS services?

WELLBEING



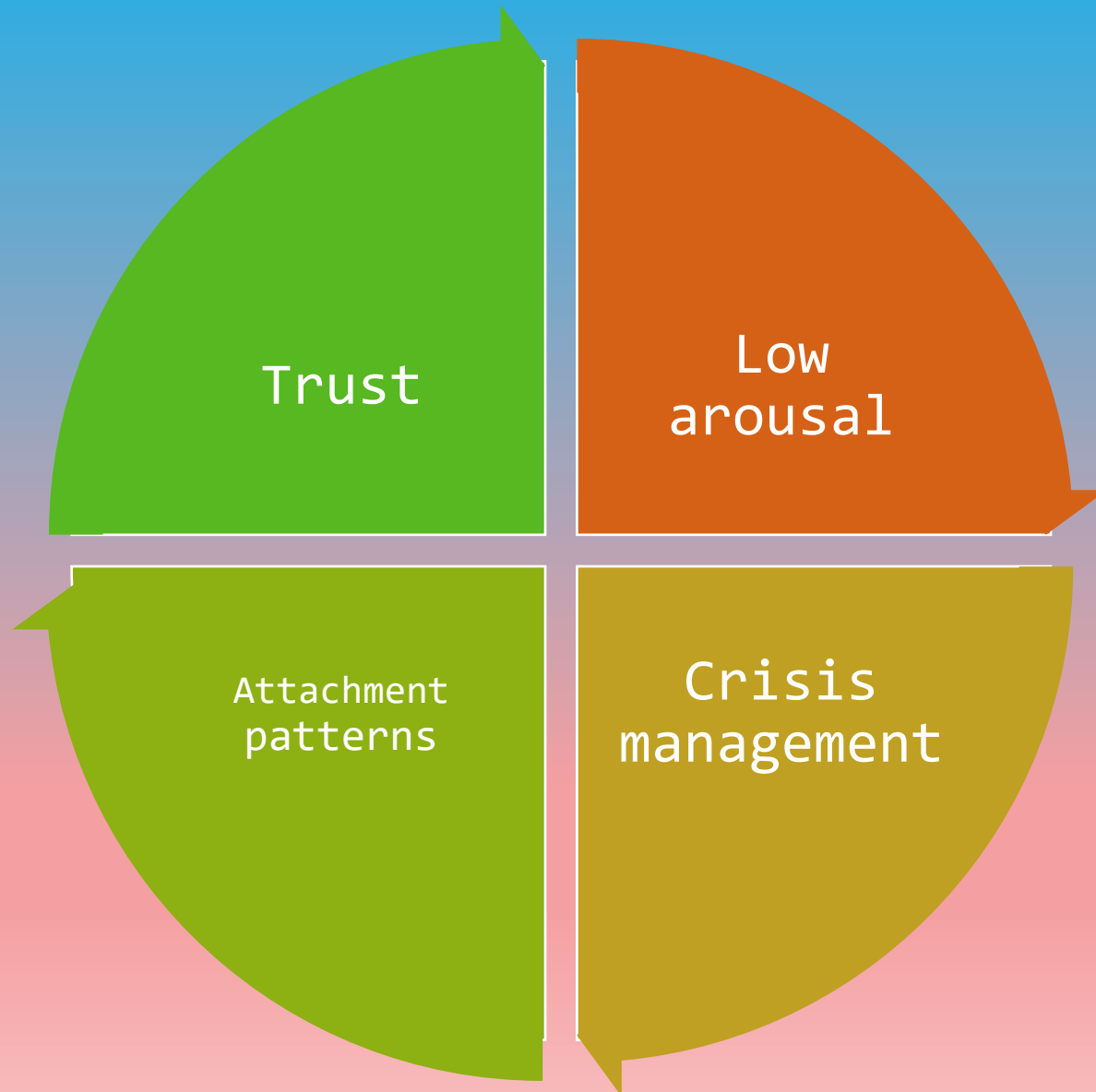
Direct intervention



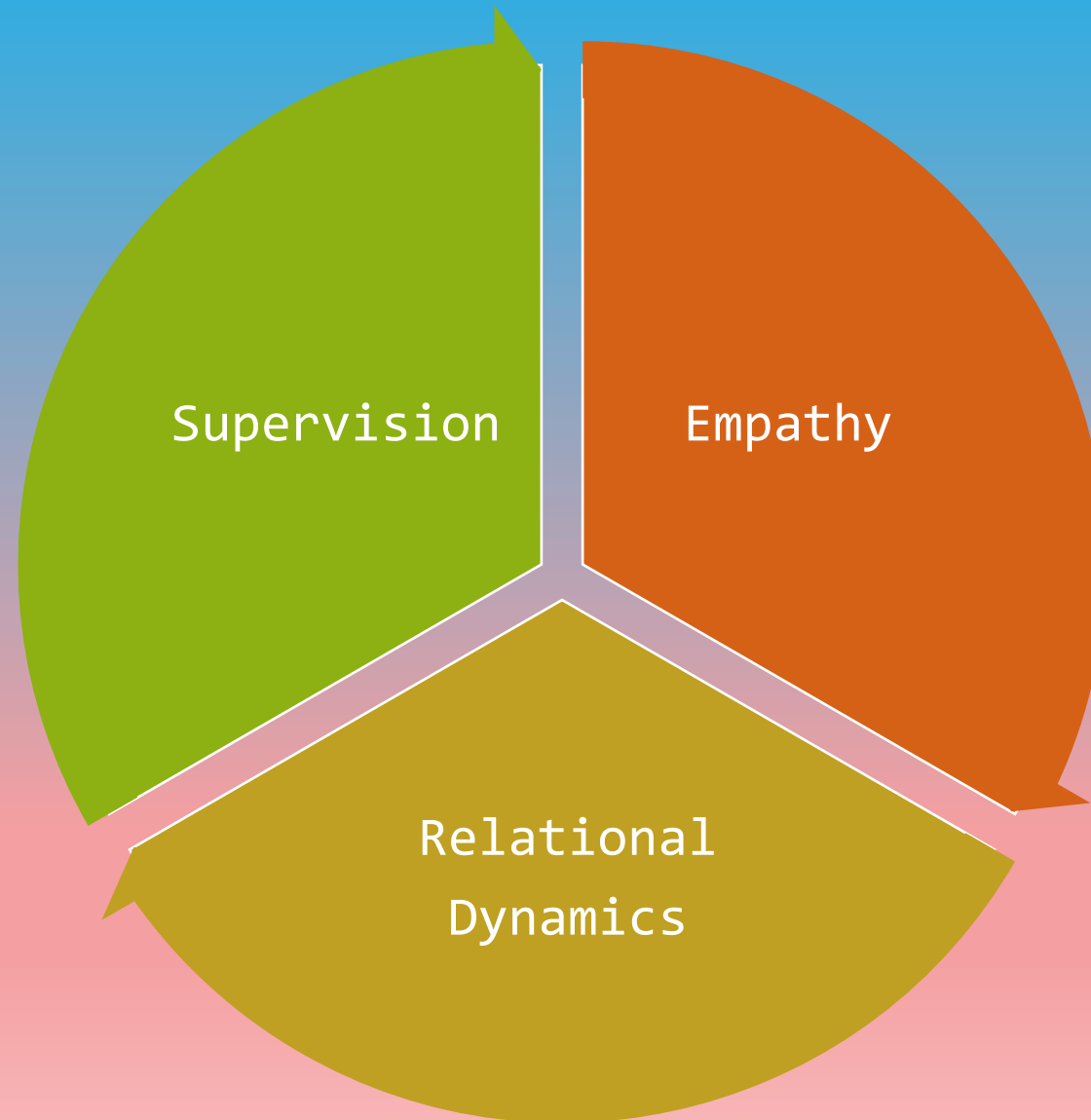
Group Work – Split Groups

- Discuss an example of the working relationship improving care
- Discuss an example of difficulties in the working relationship creating barriers to care

Relational Trauma



Systemic Working



Relational Trauma

- >Low arousal approaches mapping over emotion regulation systems
- >Attachment patterns – protecting staff and protecting vulnerable people
- >Building Trust and offering a safe haven
- >Awareness of problems with social cognition and recognising emotions
- >Crisis management

Relational Trauma

Well-being

Well-Being

- >Confidence to grow and try new things from a secure base
- >Asking for support and seeking help
- >Planning and supporting meaningful and health focused activities
- >Social connections
- >Being respected and valued (person centred approaches)
- >Self worth- internal working models

Direct intervention

Direct Intervention

- >Establish rapport
- >Interaction style
- >Engagement in therapies
- >Repairing ruptures
- >Engagement in assessment and treatment/support
- >Formulation and care planning
- >Holistic Care

Relationship
in PBS

Systemic Working

- >Supervision – holding the relationship in mind, understanding the person's needs (outside context of direct contact)
- >Policies and practice- staff and client well-being (groups, debrief, self-care)
- >Promoting empathy and self-compassion
- >Managing relational dynamics and directing support for staff and the person

Systemic Working

Rapport in PBS The Star Model,
Dr Ben Renton Insight SBS Ltd

Links to practice guidance

- PBS UK: A State of the Nation Report 2022. The Proposed logic model diagram for PBS - Implementation factors and respective outputs
- Care Act 2014, updated 2022- Section 1 Care and Support, 1.14
- Transforming Care Agenda 2015- Principle 1 “a good and meaningful life” and Principle 2 “support to my family and paid staff”
- CQC – KLOEs Effective, Caring, Responsive
- HCPC – The HCPC Standards, Standard 1. Promote and protect the interests of service users and carers
- NICE Guidelines- Learning Disability: Behaviour that challenges 2015, updated 2019. Quality Statement 5: Involving families and carers.

Summary

The Star Model proposes that there are key areas of care and support that can be improved by increased knowledge and practice in the working relationship. The concepts presented appear complementary to current positions in the delivery of PBS in LD services, there are also broader links with other related best practice guidance. The model lends itself to research and practical application in PBS services.

I propose that concepts related to the working relationship are present in the domains of

- >Well-being
- >Direct Interventions
- >Relational Trauma
- >Systemic working

QUESTIONS?

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Additional references

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