Could **care technology** support you to live **independently at home**?

Technology
Enhanced Lives
Service

Kent County Council

What is care technology?

Care technology includes tools that help you or someone you support stay safe, independent, and confident at home.

Could care technology support you?

If you or a family member:

- Live alone
- Have a health condition
- Need reassurance at any time, at home or in the community

Care technology may help in everyday life and during times when extra support is needed. It can help you feel more confident at home and provide peace of mind for those who care about you.

Care technology includes:

- **Sensors** that detect changes in movement or activity
- **Alarms** that call for help when needed
- **Monitors** that track wellbeing and routines

Care technology offers reassurance during unexpected situations, giving you a simple and reliable way to get help when it’s needed most.

Wondering what support might be right for you?

If you feel you may benefit from some additional support, our Adult Social Care team will take the time to understand your situation and work with you to find the right support.

We can:

- Explore a range of care technology that could support your safety and independence.
- Connect with services that can help you at home, whether you need short-term assistance or longer-term support.
- Work together to decide what solutions will make the greatest difference to your daily life.

Want to get the most from your own tech?

If you already use everyday technology like a smartphone or smart speaker, our team can show you how to use it to support your care, making tasks easier and safer.

Prefer to manage your own care technology?

If you would like to access support without going through Adult Social Care, you can fund your own care technology through the Private Pay Service. Scan the QR code to find out more about our private pay options.

Get in touch to discover how care technology can support you

03000 41 61 61

tels@kent.gov.uk

Find out more about Private Pay

www.argenti.co.uk

0800 008 7500

Want to get involved in shaping social care?

We're looking for people of all walks of life, communities and backgrounds in Kent to share their views with us.

This helps us to keep improving what we do in adult social care.

Join one of our local involvement groups or attend an online group to be part of the conversation.

Scan the QR code to find out more or visit the "Get Involved" section of our website: www.kent.connecttosupport.org