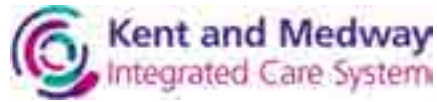


Our Systems of Support for Autistic People and People with Learning Disabilities



ADULT



Your chair for the afternoon

George Matuska RNLD (he/him)

George is a Lead for learning disability and autism at Kent and Medway NHS and Social Care Partnership Trust. He is also a Co-chair for NHS England's National Learning Disability Nursing shared decision-making council.

George completed his Registered Nursing in Learning Disabilities degree at De Montfort University in 2006. He has held various nursing and leadership positions across independent and statutory sectors at the local, regional, and national levels since then.

In 2014, he finished his postgraduate studies in Intellectual Disabilities and complex needs at St. Andrew's University. Recently, he was appointed as a visiting lecturer at Canterbury Christ Church University and honoured with the title of Honorary Lecturer at Kingston University London in 2022.



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Aim: for system colleagues to gain a better understanding of our systems of support for Autistic People and People with Learning Disabilities

Outcomes: for system colleagues to know the support that is currently available for people and how to access it

Question and Answer



Join at
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Our citizens



Hi, I'm Zola, I would describe myself as a caring friendly person. I am 27 still living with mum and dad, unfortunately. I was identified as autistic when I was 17. I have struggled to find employment despite my BSc Hons.

Hi, I'm Gavin, sport is my thing. I am 30 living in supported living and have 1 friend. I have a mild learning disability, I am really keen to make a difference and agree to help anyone who needs it but some of my decisions can get me in trouble with the law



Q&A
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Learning disabilities:



- A learning disability is a reduced intellectual ability and difficulty with everyday activities - for example, household tasks, socialising or managing money - which affects someone for their whole life.
- People with a learning disability tend to take longer to learn and may need support to develop new skills, understand complicated information and interact with other people.

What is autism?



- Autism affects the way a person communicates and how they experience the world around them.
- It is considered a spectrum condition.
- While autistic people share some similar characteristics, they are also all different from each other.
- The autism spectrum isn't linear from high to low but varies, just as one person might vary from another.

Self-care

Self-care
(with support)

Professional
support

Intensive
support

NHS
Kent and Medway
NHS and Social Care Partnership Trust

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Caveat & an Apology



Kent and Medway
NHS and Social Care Partnership Trust



Locating Support



Head Ache

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Self-help (with support) Not exclusive



Advocacy for All is a locally-rooted advocacy organisation - The Touch Base Project: Crisis Alternatives Support for Autistic Adults is a project for people who have a diagnosis of, or are awaiting evaluation who are experiencing significant mental health difficulties

Learning disabilities Annual Health Check

Community Learning Disability Team - specialist health advice to people with learning disabilities, their carers, families and the wider health and social care community



NHS Talking therapies (previously IAPT)



Our councils - if a person has care and support needs, they are entitled to a care needs assessment. Don't forget education if a person is under the age of 25 yrs they may be eligible for an education, health and care plan that can support people to continue to access education for longer to complete education and training



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A4A touch base offer: 6 weeks of 1-1 Self Advocacy, Peer Support Groups, Social Meet-Ups, Phone, Text, and Online (Zoom) Support, Limited Capacity for Face-to-Face Support in the Community <https://www.advocacyforall.org.uk/one-to-one-advocacy/touch-base-project-kent-and-medway/>

Professional support Not exclusive



Adult Autism and Attention Deficit Hyperactivity Disorder Service:

- Signposting, self-help, peer support groups and supporting access to other services.
- Assessment and diagnosis of neurodevelopmental conditions (autism and ADHD).
- Short-term structured support depending on the individual's needs.
- Pharmacological medication for ADHD, in line with Kent and Medway shared care guidance for adult ADHD enhanced service.
- Some ADHD support and assessment clinics are held virtually (online).



The Mental Health of Learning Disability (MHL) Service is here to support people with a learning disability who experience mental ill health and/or behaviours that challenge. They offer support, advice, interventions or treatment where people may be struggling to access universal services

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Intensive support Not exclusive

Kent and Medway Complex Autism Service (KAMCAS) is a specialist health service which offers an alternative to in-patient, out of area treatment for adults with complex autism and/or behaviour that challenges:

- Assessment and development of person-centred intervention and support
- Consultation and advice to existing carers, services, and support networks
- Provision of outreach support to individuals with Autism and their support networks within the community

KAMCAS Out-of-Hours Autism Service provide consultation to professionals working with autistic adults who are in crisis

Complex Care Response for people with a learning disability



Integrated Care Board - Dynamic support arrangements which "supports people to work better together so that people with a learning disability and autistic people get the right support to stay well and have a good life":

- Dynamic Support Forum (online)
- Dynamic Support Database (Register)
- Dynamic Support Service (up to 25 years old)
- Care (Education) Treatment Reviews



Consent

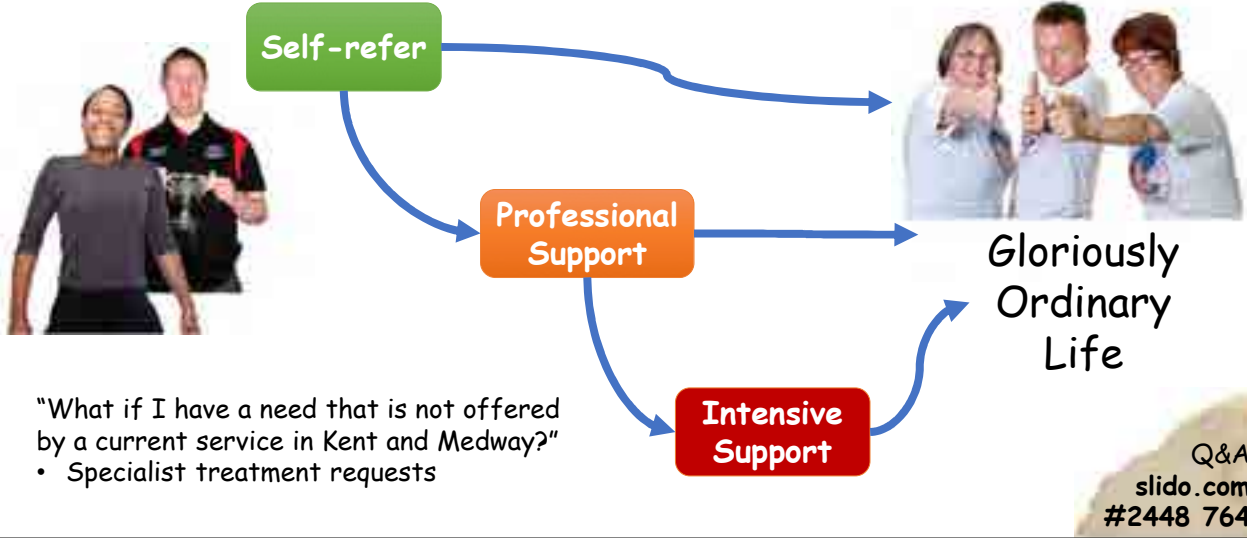
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KAMCAS OOH crisis service is available via an automatic-answerphone system
Calls received are returned within a 2-hour window; between 17.00-22.00 Monday to Friday; and 14:30-22:00 Saturday and Sunday; **Please call: 01732 792044**

kent.ctr@nhs.net

Access Not exclusive

← Self-help (with or without support) →



"What if I have a need that is not offered by a current service in Kent and Medway?"
• Specialist treatment requests

Q&A
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Audience Q&A Session

① Start presenting to display the audience questions on this slide.



Thank You



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References Not exclusive

Self-support

- Aucademy educate on Autistic experience <https://aucademy.co.uk/>
- Advocacy for All <https://www.advocacyforall.org.uk/> <https://www.katfamilysupport.co.uk/>
- Community Learning Disability Team <https://www.kentcht.nhs.uk/service/community-learning-disability-team/>

Professional Support

- Adult Autism and Attention Deficit Hyperactivity Disorder Service <https://www.kentcht.nhs.uk/service/asd-adhd/>
- KAMCAS <https://sinclairstrong.co.uk/service/kent-medway-complex-autism-service-kamcas/>
- Kent and Medway - Dynamic Support Arrangements - kent.ctr@nhs.net

Other useful information

- <https://www.england.nhs.uk/learning-disabilities/care/ctr/>
- <https://www.england.nhs.uk/publication/dynamic-support-register-and-care-education-and-treatment-review-policy-and-guide/>